



MAFN

Get fresh ideas and learn new ways to improve your facilitation skills at **MAFN's Workshop Series**. The 10, three-hour sessions begin in September 2015. These workshops offer opportunities to **network with peers and experts** in the facilitation field while gaining valuable **continued education and skills development**. To learn more about MAFN and its workshops visit [www.mafn.org](http://www.mafn.org).

Professional Development Workshop Series  
Mid-Atlantic Facilitator Network  
[www.mafn.org](http://www.mafn.org)

### Resilience and Emotional Intelligence for Facilitators

September 25: **Hile Rutledge**. Resilience is rooted in three basic behaviors or life conditions: relationships, purpose, and self-esteem. The EQ-i model of emotional intelligence provides a great set of tools both to assess these three conditions and to increase them. This interactive workshop explores the connections between EQ and resilience for facilitators.

### Polarity Thinking: Power up through paradox

October 30: **Clare Dus & Cliff Kayser**. Inhale and exhale, rest and activity...independent elements, paradoxes or polarities are all around. How can a conscious approach to polarities lead to more successful outcomes in coaching and facilitating? In this hands-on workshop, you will learn Johnson's Polarity Thinking approach to leverage and use seemingly contradictory views to enhance the work of facilitators.

### Taking Flight with DiSC: A tried and true tool that enhances your facilitation practice

November 20: **Cynthia Pace**. One key to successful facilitation is getting to know our clients; but we also are aware that many times we do not have the opportunity to meet with them prior to an event. DiSC® will give you that "quick read" on behavior and behavioral drivers. You will find that DiSC® is a tool you won't be able to live without, and it will become an invaluable tool in your facilitation practice!

### Graphic Facilitation: No artistic skills required!

December 18: **Barbara Siegel**. Visual tools are a powerful way to access non-verbal knowledge. You will learn how to draw out hidden and unspoken thoughts through the use of numerous tools. Learn how to use and evaluate visual templates from a neurocognitive perspective, where to find tools for visual practice, and practice some sticky note game-storming. Extra bonus: quick tips to bump up your scribing skills!

### Swimming in Symbolism: Using symbolism to facilitate transformation

January 29: **Rebecca Slocum**. Jump into the deep water of symbolism and learn how to use it as a facilitation tool to support clients in having new conversations, moments of insight, and deep transformation. This interactive session will help you understand the theoretical underpinnings and practical applications of using symbolism and imagery to design and facilitate meaningful experiences.

### DiversiFaciliTraining: What if your participants are completely not like you?

February 26: **Bill Olsen**. When the difference is culture, religion, language, or other diversities, communication, collaboration, control & consensus are paramount. If these are at risk, achieving objectives can become nearly impossible. Learn the secrets that will help ensure EVERY participant (including virtual attendees) understands you and feels included, understood, and valued.

### Building trust: A critical key to success as a facilitator

March 25: **Linda Mather**. Trust is a key element in facilitating group interactions. Three facets of trust contribute to facilitator success: trust in yourself; trust in the process; and trust in the group as a whole. This workshop will provide over a dozen specific ways to develop trust in a variety of situations.

### Appreciative Inquiry, Acting "As If:" Storytelling and theater as a facilitation tool

April 29: **Shannon Polly**. Appreciate Inquiry is a change management process that looks to amplify what's right with an organization. In this highly interactive workshop, Shannon will outline the process and share tips and techniques you can use right now to incorporate this methodology in your facilitation and training.

### Metrics of Facilitation, or "Did I do good?"

May 27: **Mel Schnapper**. The facilitation field often misses concrete measures to prove that tangible results were delivered as a result of the facilitation process. This workshop will "facilitate" the development of qualitative and quantitative metrics for participants' current or anticipated engagements and prove to the client that value beyond expectations was delivered without additional cost.

### Strategic Planning from a Whole Systems Approach

June 24: **Judith Gail**. Consider how to broaden the input for strategic planning by including more than the C-Suite. Reflecting on the past, considering current reality, visioning for the future, listening to stakeholders, and giving voice to all levels of the organization can create the framework of a strategic plan where everyone feels a part.

#### About MAFN

MAFN is a vibrant, inclusive, and growing community of successful facilitators who continuously teach and learn innovative practices and foster professionalism and credibility of our work with others throughout the region and beyond. MAFN provides opportunities for members to enhance their skills, expertise, and professionalism as facilitators; connect with, support, and learn from colleagues; expand business skills, connections, and opportunities to facilitate; and promotes the value of professional facilitation. For more information, visit [www.mafn.org](http://www.mafn.org).

Register today at  
[www.mafn.org](http://www.mafn.org)

Register for the whole series and save. Deep discounts available for MAFN members who take advantage of the early bird registration for the entire workshop series. All sessions are held on **Fridays** at the GAO building (441 G St NW, Washington, DC) from **8:30 am to noon**. Metro: Judiciary Square, Red Line.